

2024 Awards Entry Stage 1 Questions:

Generic Questions for all entry Categories:

1. Have you entered the awards before? Yes/ No

2. How did you hear about the awards?

- Someone nominated me
- From REPs or ExerciseNZ communications
- Facebook
- Other (please specify)

3. Is the entrant (facility, organisation or individual) registered with REPs? Yes/No

4. What is the name of the person completing this entry? • if on behalf of an organisation or another individual? Please supply your full name

5. Name of entrant

- For individual categories, this is your own name (PT, Group Ex, Group Trainer, Educator etc)
- for Programme the name of the programme
- for Facility categories the name of the facility

6. Contact phone number • Mobile preferred

7. Contact email address

8. Physical location where you undertake your work role (e.g. Club ABC, 12 Something St, City)

Category-specific questions :

- **Individual Categories** – PT, Up and coming PT, Exercise Instructor, Group Trainer, Yoga Teacher, Group Exercise Instructor (freestyle and pre-choreographed)
- **Community Categories** – Community Contribution, Community Instructor
- **Outstanding Leadership and Support Categories**
- **Facility Categories** – Chain, Independent Facility, Franchise Facility, Studio
- **Other Categories** – Programme Excellence

Individual Categories

PT, Up and coming PT, Exercise Instructor, Group Trainer, Yoga Teacher, Group Exercise Instructor (freestyle and pre-choreographed), Pilates Method Teacher

1) Roles you work as an exercise profession and organisation/s in which you work. List role titles and key tasks

2) How long have you been working?

- Overall as an exercise professional
- In your current business setup/facility

3) Please list your qualifications and experience in the exercise industry including:

- Initial education
- Relevant past roles • Upskilling.

OR

4) Click 'Choose File' to upload a CV/Professional Summary

5) List the following (adding an explanation and break up into user groups if required -Using client numbers prior to 1 March 2023 for this question.

- Client Numbers (for PT, Up and coming PT, Exercise Instructor and Group Trainer).
- Average number of participants in classes (for Group Exercise and Yoga categories)
- Average number of students (for Educator category).

6) Submit your 1st ONE Minute video

- Please wear the clothes you normally would wear at work / when meeting a client.
- Record against a plain background, indoors, and ensure your video is recorded in an area away from music and other interruptions.
- Begin your video by stating your name and entry category

TOPIC : Tell us about your strengths as an exercise professional and why you should be considered to win your category.

TIPS: For information on uploading your video to YouTube google "how to upload video to YouTube" The settings you should use in YouTube for privacy, and the link to share with us can be found [on this infopage](#) Professional videoing is not required, a modern cell phone will provide suitable quality

For stage 2 onwards all VIDEOS will be uploaded to a dropbox(online file sharing) directory – this resolves any issues with YouTube muting you because of copyright music in the background

Enter the YouTube link for this video in the text box provided. 7) Submit your 2nd ONE minute video –

TOPIC: Explain your why ...

- **What is it about working as an exercise professional that excites and inspires you?**
- **What inspires you to keep working in the role you do?**

Enter the YouTube link for this video in the text box provided. 8) Review the T&C and submit your payment and entry.

Community Category

1) What is the name of the entrant (This should be the title of the programme or name of the business/organisation).

2) Describe your community contribution/community instructor role in brief.

3) How long has this been available from you/your organisation

4) List client/user numbers engaging with you (numbers as at 1 March 2023)

5) Upload a 2 minute video explaining your community contribution or role Include:

- What your target market is
- How you contribute to your community
- What your aims and outcomes are

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6) Enter the YouTube link for this video in the text box provided. Review the T&C and submit your payment and entry.

Outstanding Support Category

1) What is your role?

2) How long have you been in this role?

3) Who are the people you work with in your role?

4) Upload a 2 minute video explaining how your work supports and leads the people around you? Include:

- other professionals and/or participants you support
- What your role involves
- How you lead and support those around you
- What is it that you do that makes you stand out from others in similar roles

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Facility Categories

- 1) What is the name of the entrant (the full name of the facility)
- 2) List the services the facility offered as at March 1 2023
- 3) How long has the facility been operating?
- 4) Tell us about your facility, covering the following? - 500 words maximum

- The physical facility
- Your staff and team members
- Your target market
- Your brand/business values
- What is it that makes you stand out from other facilities?

Review the T&C and submit your payment and entry.

Other Categories

- 1) Programme/Business title
- 2) Describe the programme in brief
- 3) How long has this programme been available from you or your organisation
- 4) Did you/your organisation create this programme? Yes/No – who?
- 5) List the number of clients or users who engage with your programme (numbers at March 2023)
- 6) Upload a 2 minute video explaining your programme. Include:
 - How your programme came about
 - How your programme stands out from similar offerings
 - What your aims and outcomes are

TIPS: For Information on uploading your video to YouTube google “how to upload a video to YouTube” The settings you should use in YouTube for privacy, and the link to share with us can be found [on this infopage](#)

Professional videoing is not required, a modern cell phone will provide suitable quality

7) Please list your qualifications and experience in the exercise industry. Include:

- Initial education
- Relevant past roles
- Upskilling

OR

8) Click ‘Choose File’ to upload a CV/Professional Summary Review the T&C and submit your payment and entry.