



Emerging Leaders Council

Updated October 2023

1. Purpose: *A direct voice for emerging leaders (those under 30) in the exercise industry to ExerciseNZ*

The council acts as an advisory group to ExerciseNZ - giving guidance, ideas and input directly to ExerciseNZ management and board.

Notes:

- To facilitate its objective, council members are encouraged to talk to others in the industry, especially other emerging leaders/under 30s.
- Operational matters will be considered by the CEO and COO; strategy discussions will be reported to the board to be used as part of their strategic planning.

2. Make-up of the council

- All members should have an active role in the New Zealand exercise industry and work at or own a facility that is a member of ExerciseNZ, and if an exercise role, be registered with REPs.
- All council members will be under the age of 30 when they first start on the council.
- The group should represent the industry in terms of diversity. The council should maintain a balance of gender, ethnicity, geographic location and role type.
- Members will be invited by the ExerciseNZ CEO or COO to be part of the council, with recommendations welcome from any ExerciseNZ member.
- Council members names, and a brief profile will be made public, with a contact email.
- Council members serve for 12 months (which may be renewed at any time) unless they resign or are removed by the CEO or COO before their term ends.

3. Frequency/format of meetings

- Meeting frequency will be set by the council, with the suggestion that these are monthly (to be reviewed after 6 months).
- Most meetings will be via zoom, with the option to meet face to face around major industry events such as the ExerciseNZ Conference. Zoom meetings will be no longer than 60 minutes.
- To ensure best use of time, the council will have set topics to review/consider each meeting.
- It is estimated that an additional 1 hour of work per week, in the council members own time, will be required to progress items discussed in council meetings.

4. Future Topics

Topics will be set by the council, with suggestions from ExerciseNZ management.

